

Ref No.: PU/VC/R/2026/001

Date: January 12, 2026

NOTIFICATION: STUDENT WELLBEING COMMITTEE

In continuation of the previous notification no. PU/VC/R/2023/54; Dated: February 27, 2024, the **"Student Wellbeing Committee"** has been reconstituted with reference to UGC guidelines on promotion of Physical Fitness, Sports, Students Health, Welfare, Psychological and Emotional Well-Being at Higher Educational Institutions of India, vide D.O. No. F.L.-19/2011(CPP-II), dated 12th April, 2023 and Mental Health Policy- 2025, Plaksha University.

The re-constitution of the "Student Wellbeing Committee":

S.No	Constitution	Name of Member	Role
1	Dean or Associate/Assistant Dean, Student Affairs or a faculty member	Prashanth Suresh Kumar, Assistant Professor & Assistant Dean, Student Affairs	Chairperson
3	Two to four Faculty members	Mayank Ratan Bharadwaj, Assistant Professor	Member
4		Anupam Sobti, Assistant Professor	Member
5	One Counsellor	Shalini Sharma, Director Wellness	Member
6	One representative from the Career Office	Bharti Singh, Partner-Career Advising and Student Engagement	Member
7	One representative from Student Life	Karan Singh, Associate Director, Student Life	Member
8	HR Representative	Shreya Bhatia, Assistant Manager, Human Resources	Member
9	One to two student-facing representatives, like teaching fellows, instructional managers	Raghav Awasty, Data Scientist	Member
10	Academic Administrative Officer	Devansh Singh Rathour, Program Manager, Post Graduate Programs	Convener
11	Student representatives (UG and Doctoral students)	Anandita Garg (B.Tech - U20230023)	Case-to-Case Basis
12		Avantika Bansal (B.Tech - U20230063)	
13		Sai Pranav (PhD -D2025PHIL0002)	

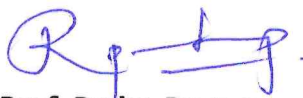
Roles and Responsibilities of the Committee:

The Committee will be responsible for implementing and overseeing the Mental Health Policy for students and employees, including:

- Assigning dedicated mentors to student batches.
- Enforcing the prohibition of harmful practices like academic segregation and public shaming.
- Establishing and promoting referral protocols for mental health services.
- Organizing mandatory training sessions for staff on psychological first aid and inclusive engagement.
- Ensuring confidential redressal mechanisms for harassment, bullying, and assault.
- Conducting sensitization programs for parents and students
- Maintaining anonymized records and preparing an Annual Report for regulatory bodies.
- Promoting extracurricular activities and reviewing examination patterns to reduce stress.
- Ensuring the safety of residential environments and installing preventative safety devices where needed.

Frequency, Tenure & Quorum of the Committee:

- The tenure of the Committee shall be 1 year from the date of notification.
- The Committee shall meet once every fortnight.
- The quorum for meetings shall be two-thirds (2/3) of the total members.



Prof. Rudra Pratap
Vice-Chancellor