

PU/VC/R/2025/102

Date: October 29, 2025

## Notification

This is to notify that the Anti-Drug Committee (Nasha Mukt Hostel Committee) at Plaksha University, Punjab has been established with the following members:

S.N	Constitution	Name of Member	Designation
1	Nodal officer appointed by the Vice-Chancellor	Karan Singh	Associate Director, Student Life
2	Hostel Warden (02)	Shashi Kant Dwivedi	Senior Warden
3	(Male & Female)	Pooja Shradha	Warden
4	Counsellor (01)	Pamil Preet Kaur	Assistant Manager, Counselling and Wellness
5	Resident student representatives in the hostel (06)	Tashvi Aneja (1 <sup>st</sup> year)	Student
6		Aadi Batra (1 <sup>st</sup> year)	Student
7		Sameera John (2 <sup>nd</sup> year)	Student
8		Dhruv Nyati (2 <sup>nd</sup> year)	Student
9		Preesha Katial (3 <sup>rd</sup> year)	Student
10		Lakshit Tyagi (3 <sup>rd</sup> year)	Student

### ROLES AND RESPONSIBILITIES OF THE COMMITTEE MEMBERS:

#### **NODAL OFFICER:**

- a. Overseeing the workings of the hostel committee.
- b. Dealing with grievances presented by the parents, resident students and other beneficiaries.
- c. Planning the schedule of activities in the hostel. A non-exhaustive list of activities is attached (Annexure-1).
- d. Ensuring regular updation of activities in NMBA (NASHA MUKT BHARAT ABHIYAAN) mobile application.
- e. Submission of quarterly ATR (proforma attached in Annexure-2) to the Department of Social Justice and Empowerment.

#### **WARDEN:**

- a. Monitor hostel activities and behaviour of the residing students to identify any signs of substance use or risky behaviour.
- b. Report/handle the grievances of the hostel residents with regards to the availability, consumption and distribution of narcotics in and around the educational institutions.
- c. Establish effective confidential referral systems in collaboration with campus health services/ counselling centres/helpline numbers to assist resident students with available treatment facilities and services in the district.

**COUNSELOR:**

- a. Establish a mechanism for substance use related counselling service within hostels.
- b. Visiting the hostel two days a week to counsel students on priority basis on their struggle and vulnerabilities.
- c. Group counselling of 1st year hostellers every month.
- d. Awareness creation workshop on substance use disorders/consequence of substance use etc.

**STUDENT REPRESENTATIVES:**

- a. Establish peer support groups or networks within the hostel to provide a supportive environment.
- b. Serve as role models by demonstrating responsible behaviour and healthy choices, influencing peers positively.
- c. Participate in NMBA (NASHA MUKT BHARAT ABHIYAAN) related activities, such as discussions, workshops, and seminars, to deepen understanding and engagement in substance use prevention efforts.



Prof. Rudra Pratap  
Vice-Chancellor

